Aquatics General Information

Summer Recreational and Fitness Swim Schedules

Centennial Pool

June 30 – September 2, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fitness	noon-1 p.m.		noon-1 p.m.				
Women's Only							10-11:30a.m.

Victoria Road Recreation Centre

June 30 – September 2, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fitness	6:30-8 a.m. (S) noon-1 p.m. 9-10 p.m.	6:30-8 a.m. (S) noon-1 p.m. 9-10 p.m.	6:30-8 a.m. (S) noon-1 p.m. 9-10 p.m.	6:30-8 a.m. (S) noon-1 p.m.	noon-1 p.m.		noon-1:30 p.m.
50m Fitness				9-10 p.m.		11:30 a.m1 p.m.	11:30 a.m1 p.m.
Public	2-4 p.m.	2-4 p.m.	2-4 p.m.	2-4 p.m.	2-4 p.m.	1:45-3:30 p.m.	1:45-3:30 p.m.
Leisure	noon-1 p.m.	noon-1 p.m.	noon-1 p.m.	noon-1 p.m.	noon-1 p.m.		
Soothing Waters	8-9 p.m.	8-9 p.m.	8-9 p.m.	8-9 p.m.			
Aquafit	7 a.m. (D) 9:30 a.m. (S) 8 p.m. (S)	9:30 a.m. (D) 1 p.m. (D) 8 p.m. (D)	7 a.m. (D) 9:30 a.m. (S)	8 a.m. (S) 9:30 a.m. (D) 1 p.m. (D) 8 p.m. (D)	9:30 a.m. (S)		
Aquafit-HIIT		8 a.m. (S)	8 a.m. (S)				
Movement Enhancement		10 a.m. 1 p.m.		10 a.m. 1 p.m.			
Aquatic Rehabilitation	9:30 a.m. 10:30 a.m.	•	9:30 a.m. 10:30 a.m.	•			

S: Shallow D: Deep

West End Community Centre

June 30 – September 2, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fitness	6:15-8 a.m. 11:45 a.m1 p.m. 9-10 p.m.	11:45 a.m1 p.m. 9-10 p.m.	6:15-8 a.m. 11:45 a.m1 p.m. 9-10 p.m.	11:45 a.m1 p.m. 9-10 p.m.	6:15-8 a.m. 11:45 a.m1 p.m.	1-2 p.m.	1-2 p.m.
Public	2-4 p.m.	2-4 p.m.	2-4 p.m.	2-4 p.m.	2-4 p.m.	2-4 p.m.	2-4 p.m.
Leisure	11:30 a.m1 p.m. 7:30-9 p.m.	11:30 a.m1 p.m.	11:30 a.m1 p.m. 7:30-9 p.m.	11:30 a.m1 p.m.	11:30 a.m1 p.m. 6:30-8 p.m.	1-2 p.m.	1-2 p.m.
Family Friendly Warm Waters	7-7:55 a.m. 10:30-11:55 a.m. 7:30-9 p.m.	10:30-11:30 a.m.	7-7:55 a.m. 10:30-11:55 a.m. 7:30-9 p.m.	10:30-11:30 a.m.	7-7:55 a.m. 10:30-11:55 a.m. 6:30-8 p.m.		10-11 a.m.
Soothing Waters	9-10 p.m.	8-10 p.m.	9-10 p.m.	8-10 p.m.			
Aquafit	8 a.m. 1 p.m. 6 p.m. 8:15 p.m.	7:15 a.m. 1 p.m. 8:15 p.m.	8 a.m. 1 p.m. 6 p.m. 8:15 p.m.	7:15 a.m. 1 p.m. 8:15 p.m.	8 a.m. 1 p.m. 6 p.m.		10 a.m.
Movement Enhancement	9:30 a.m. noon 1 p.m. 6 p.m.	9:30 a.m.	9:30 a.m. noon 1 p.m. 6 p.m.	9:30 a.m.	9:30 a.m. noon 1 p.m.		
Aquatic Rehabilitation		11:30 a.m. 12:30 p.m. 1:30 p.m.		11:30 a.m. 12:30 p.m. 1:30 p.m.			

Aquatics General Information

Lyon Leisure Pool

June 28 – September 3, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fitness	noon-1 p.m.	noon-1 p.m.					
Single Lane*		7-8 p.m.		7-8 p.m.			
Public*	1-8 p.m.	10 a.mnoon 1-8 p.m.	10 a.mnoon 1-8 p.m.				
Leisure	10 a.mnoon						
Aquafit		9 a.m.		9 a.m.		9 a.m.	

Wading Pools

Weekends only starting June 9 Open daily from June 28 - September 3

Exhibition and Sunny Acres Wading Pools: 10 a.m.-1 p.m. and 3-7 p.m. daily

Splash Pads

Open daily from June 9 – September 3

Hanlon Creek, Jubilee, Norm Jary, Northview, South End, and Waverley splash pads: 10 a.m. – 8 p.m.* daily

(Mico Valeriote is closed)

(West End splash pad is closed for renovations.)

Lyon Leisure Pool, wading pool and splash pads may be closed due to inclement weather.

* Lyon Leisure Pool and splash pads will close at 7 p.m. beginning August 20.

Your pass to summer fun!

Summer Swim Pass

Lyon Leisure Pool

\$33 + HST

Valid from June 9 to Labour Day 2018 for public and leisure swims at Lyon Leisure Pool.

Riverside Park Amusement Ride Pass

2018 season pass \$20+ HST

Each pass includes unlimited use of the carousel and miniature train during regular operating hours at Riverside Park.

Available at the following locations:

Centennial Pool Evergreen Seniors Community Centre Lyon Leisure Pool ServiceGuelph, City Hall Victoria Road Recreation Centre West End Community Centre

